### Influenza Surveillance Report

Division of Epidemiology - Disease Surveillance and Investigation

District of Columbia Department of Health

### 2017-2018 Influenza Season Week 52 (December 24, 2017 – December 30, 2017)

(All data are preliminary and may change as more reports are received)

#### **SUMMARY**

- 76 new cases of influenza were reported by hospitals during this reporting period
- Zero pediatric deaths were reported during this period
- 1 additional case was reported between weeks 50 and 51
- For the 2017-2018 influenza Season to-date, 221 positive Influenza cases have been reported
- DC PHL did not report any specimens tested for week 52
- Flu activity sharply increased since last week, and remains elevated

#### INFLUENZA SURVEILLANCE FROM HOSPITALS & AMBULATORY CARE FACILITIES

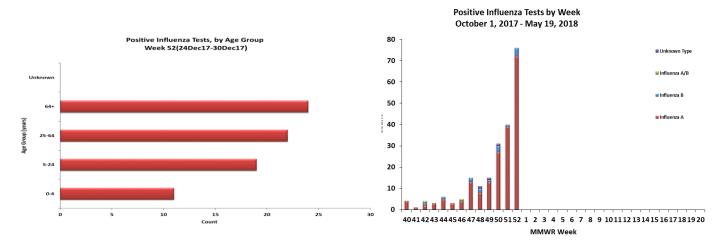
District of Columbia hospitals and laboratories report detailed information on cases of Influenza on a daily basis. However, in accordance with CDC guidelines, only Influenza-associated deaths in cases <18 years of age and Novel Influenza A infections are reportable. We also request that Influenza hospitalizations be reported if possible.

The table below summarizes weekly and cumulative cases of Influenza for the 2017-2018 Season. Data are also presented by age group and by number of cases reported weekly. During week 52 (December 24, 2017—December 30, 2017), there were 76 new cases of influenza reported. 1 additional case was reported between weeks 50 and 51. To date, the District has received 221 positive influenza cases reported by hospitals.

#### Surveillance of Influenza Cases Reported By Influenza Type

	Week 52 (December 24, 2017–December 30, 2017)			Cases for Weeks 40–20 , 2017–May 19, 2018)
Influenza A	72	(94.74%)	200	(89.88%)
Influenza B	4	(5.26%)	16	(7.88%)
Influenza A/B	0	(0.00%)	2	(0.90%)
Influenza (not typed)	0	(0.00%)	3	(1.34%)
Total	76*	(100%)	221*	(100.00%)

stIncludes results from Rapid Diagnostic Testing, Viral Culture, RT-PCR, Serology, and Immunofluorescence.



#### RAPID DIAGNOSTIC TESTING

Rapid Diagnostic Tests are screening tests used to detect the Influenza virus in a short period of time. While initially less accurate than PCR and viral culture, rapid diagnostics are more accurate as the Influenza season progresses. During week 52, 171 out of a total of 530 tests were performed using rapid diagnostic testing in clinical laboratories. Of these, 20 (11.69%) positive Influenza specimens were identified using rapid diagnostics.

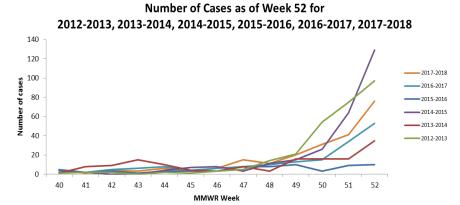
Week: 52 (Dec 23, 2017 – Dec 30, 2017)				
No. of specimens tested Rapid Diagnostics	171			
No. of positive specimens (%)	20 (11.69%)			
Positive specimens by type/subtype				
Influenza A	20 (100%)			
Influenza B	0 (0.00%)			
Influenza A/B	0 (0.00%)			
Influenza – unknown type	0 (0.00%)			

#### **WEEK 52 COMPARISON WITH PREVIOUS SEASONS**

For week 52, there were 76 new cases in the current 2017-2018 season, 53 cases in last year's 2016-2017 season, 10 cases in the 2015-2016 season, 129 cases

in the 2014-2015 season, 35 in the 2013-2014 season, and 97 in the 2012-2013 season.

Cumulatively, there are a total of 221 cases in the district up to week 52 for the current season, 169 during the 2016-2017 season, 67 during the 2015-2016 season, 271 in the 2014-2015 season, 144 in the 2013-2014 season, and 277 in the 2012-2013 season.



## INFLUENZA-LIKE ILLNESS (ILI) SURVEILLANCE

Sentinel surveillance for ILI consists of three outpatient reporting sites for the District of Columbia. The sentinel surveillance sites report the total number of ILI cases encountered per week and the total number of patients seen at the clinic during that same week. For this system, ILI is defined as the existence of fever (temperature of 100°F [37.8°C] or greater) and a cough and/or a sore throat in the absence of a known cause other than Influenza.

For week 52, sentinel providers reported 270 out of 9838 visits (2.80 %) that met the criteria for ILI.

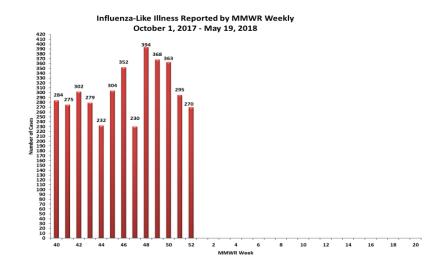
# Geographic Spread of Influenza for Washington, DC

Week of	Activity *
Dec 24 – Dec 30	Local

\*No Activity – overall clinical activity remains low and there are no lab confirmed Influenza cases:

**Sporadic** – isolated lab confirmed Influenza cases reported and ILI activity is not increased;

**Local** – increased ILI activity and recent lab confirmed Influenza cases. As the District of Columbia is not a state, this is the highest level of ILI activity it can report.



#### INFLUENZA TESTING BY THE DISTRICT OF COLUMBIA PUBLIC HEALTH LABORATORY (DC PHL)

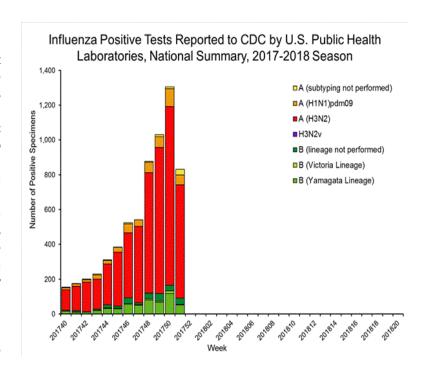
The DC PHL subtypes human isolates to monitor the circulating strains of Influenza. The isolates are submitted to the DC PHL by hospitals and commercial laboratories. DC PHL did not report any specimens tested for week 52.

DC PHL Surveillance of Influenza Cases Reported By Influenza Subtype

DC PHL Influenza Testing	Dec 24, 2017 – Dec 30, 2017	Total Cases October 1, 2017 – May 19, 2018
Number of specimens tested	0	0
<ul> <li>Number of specimens positive for Influenza:</li> </ul>	0 (0%)	0 (0%)
<ul><li>Influenza A</li></ul>	0 (0%)	0 (0%)
■ H1 2009 H1N1	0 (0%)	0 (0%)
<ul><li>H1 seasonal</li></ul>	0 (0%)	0 (0%)
■ H3	0 (0%)	0 (0%)
• Influenza B	0 (0%)	0 (0%)

#### NATIONAL INFLUENZA ASSESSMENT

CDC's weekly seasonal Influenza surveillance report for week 52 noted that influenza activity increased sharply in the United States. The proportion of deaths attributed to pneumonia and influenza (P&I) was below the system-specific epidemic threshold. One pediatric death was reported to the CDC during week 52 for the current season. This death was associated with an untyped influenza A virus. For the 2017-2018 season, thirteen pediatric deaths associated with Influenza has been reported in the US for this season. During week 52, 1801 specimens were tested by public health laboratories, of which 923 were positive. Of the 923 respiratory specimens that tested positive during week 52, 784 (84.9%) were Influenza A and 139 (15.1%) were Influenza B. Of the Influenza A samples, 60 (7.7%) were 2009 H1N1, 682 (87.0%) were H3, and 42 (5.4%) were un-typed.



#### Get Vaccinated!



For additional information about Influenza and Influenza activity in the United States, please visit: <a href="http://www.cdc.gov/flu/index.htm">http://www.cdc.gov/flu/index.htm</a>. Questions about Influenza in the District of Columbia or this report should be directed to the Division of Epidemiology - Disease Surveillance and Investigation at (202) 442-8141 or email <a href="mailto:preetha.iyengar@dc.gov">preetha.iyengar@dc.gov</a>